IMPORTANT!

RETINIZATION PROTOCOL
WEEKS 1 & 2
APPLY 1X A WEEK

☐ REMOVE EYE MAKEUP w/ OIL FREE EYE MAKEUP REMOVER
☐ CLEANSE SKIN - AVOID ACNE MEDICATED CLEANSERS
☐ APPLY EYE CREAM
☐ WAIT 5-10 MINS
☐ MIX 1 PUMP OF RETINOL w/ 2+ PUMPS OF CALM + RESTORE MILK
☐ APPLY TO FACE AVOIDING EYE AREA
☐ ALLOW FOR ABSORPTION THEN APPLY NIGHT CREAM
☐ NOTE DATE IN TRACKER & WAIT 7 DAYS FOR NEXT APPLICATION
IMPORTANT!

RETINIZATION PROTOCOL
WEEKS 3 & 4
APPLY 1X A WEEK

- REMOVE EYE MAKEUP W/OIL FREE EYE MAKEUP REMOVER
- CLEANSE SKIN AVOID ACNE MEDICATED CLEANSERS
- APPLY EYE CREAM
- WAIT 5-10 MINS
- APPLY 1 PUMP RETINOL TO FACE AVOIDING EYE AREA
- APPLY 2+ PUMPS OF CALM + RESTORE MILK TO FACE AVOIDING EYE AREA APPLY ANYTIME THROUGHOUT DAY AS NEEDED
- ALLOW FOR ABSORPTION THEN APPLY NIGHT CREAM
- NOTE DATE IN TRACKER & WAIT 7 DAYS FOR NEXT APPLICATION
RETINIZATION PROTOCOL
WEEKS 5 & 6
APPLY 2X A WEEK

- REMOVE EYE MAKEUP w/OIL FREE EYE MAKEUP REMOVER
- CLEANSE SKIN, AVOID ACNE MEDICATED CLEANSERS
- APPLY EYE CREAM
- WAIT 5-10 MINS
- APPLY 1 PUMP RETINOL TO FACE AVOIDING EYE AREA
- APPLY 2+ PUMPS CALM + RESTORE MILK TO FACE AVOIDING EYE AREA
- ALLOW FOR ABSORPTION THEN APPLY NIGHT CREAM
- NOTE DATE IN TRACKER & WAIT 2-3 DAYS FOR NEXT APPLICATION