Be wise while you retinize!

When using a high-concentration retinol product, it’s important to gradually establish skin tolerance before advancing to more frequent use. This includes Mary Kay’s eight-week retinization protocol, during which it is also recommended to avoid certain products and ingredients. This will help maximize comfort and ensure the best possible experience.

See below for Mary Kay® products to avoid during the eight-week period as well as how and when to resume using them.

### AVOID USE DURING RETINIZATION

#### Exfoliators
- TimeWise® Microdermabrasion Refine
- TimeWise Repair® Revealing Radiance® Facial Peel
- Botanical Effects® Invigorating Scrub
- Mary Kay Naturally® Exfoliating Powder

#### Exfoliating Tools
- Skinvigor® Sonic™ Skin Care System
- Skinvigor® Sonic™ Facial Massage Head

#### High Concentrations of Vitamin C
- TimeWise Replenishing Serum C+E™

#### Acne Treatment Products
- that include benzoyl peroxide and salicylic acid
  - Clear Proof® Acne System

#### Other
- Mary Kay® Hydrogel Eye Patches

### DIRECTIONS FOR USE AFTER RETINIZATION

- **Use on nights you are not applying retinol 0.5**, and use no more than 2 or 3 times per week.

- Reintroduce the facial cleansing brush head on the gentle setting before advancing to higher levels.

- **Apply only in the mornings.** Do not apply day and night when using retinol 0.5.

- Not recommended for use with retinol 0.5.

- **Use in the morning or on alternating nights** from your application of retinol 0.5.

**Pregnant, lactating or planning to become pregnant?** Do not use Mary Kay Clinical Solutions™ Retinol 0.5 during these times.

During the retinization process, Mary Kay recommends avoiding physical and chemical exfoliation products, acne products and products with high concentrations of vitamin C since they may contribute to temporary dryness or irritation. For more information on usage and for Mary Kay recommendations, visit marykay.com/clinicalsolutions or contact your Mary Kay Independent Beauty Consultant. Keep out of the reach of children. Consult your physician if you have any questions regarding retinol use.

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